



## Websites

*Web addresses of additional organizations are listed throughout this booklet and in the California Foundation for Agriculture in the Classroom's "Teacher Resource Guide."*

### **Nutrition, Food and Health**

**American Dietetic Association (ADA):** [www.eatright.org](http://www.eatright.org) The ADA and its National Center for Nutrition and Dietetics promote optimal nutrition, health, and well being.

**American School Food Service Association:** [www.asfsa.org](http://www.asfsa.org) Provides child nutrition news, plus food and nutrition tips.

**Center for Disease Control and Prevention:** [www.cdc.gov](http://www.cdc.gov) Provides information about health topics from A to Z.

**Center for Science in the Public Interest (CSPI):** [www.cspinet.org](http://www.cspinet.org) CSPI is a nonprofit education and advocacy organization that focuses on improving the safety and nutritional quality of the food supply. Materials include the *Nutrition Action Healthletter*.

**Consumer Information Center:** [www.pueblo.gsa.gov/food.htm](http://www.pueblo.gsa.gov/food.htm) Offers a listing of free and low-cost publications related to food.

**Dairy Council of California (DCC):** [www.dairycouncilofca.org](http://www.dairycouncilofca.org) Nutrition education programs align with the California Health Framework and help students develop personal plans to improve their food and activity choices.

**Department of Health and Human Services:** [www.hhs.gov/kids/](http://www.hhs.gov/kids/) Includes information and activities for kids on health issues.

**Food, Nutrition, and Consumer Services:** [www.fns.usda.gov/fncs](http://www.fns.usda.gov/fncs) Program information for Team Nutrition, Food Stamps, WIC Program and others. Materials include the Food Guide Pyramid and Dietary Guidelines for Americans.

**Healthfinder Website:** [www.healthfinder.gov](http://www.healthfinder.gov) Gateway consumer health and human services information website from the U.S. government.

**Kids Cooking Club:** [www.kidscook.com](http://www.kidscook.com) Subscribe for projects and recipes for kids.

**Nutrition for Kids:** <http://nutritionforkids.com> Excellent resource for ideas on how to teach nutrition to kids.

**Science for Kids:** [www.ars.usda.gov/is/kids](http://www.ars.usda.gov/is/kids) Features an interactive approach to topics such as agriculture, nutrition, insects and the environment. Includes helpful resources for educators.

**Tufts Health & Nutrition Letter:** [www.healthletter.tufts.edu](http://www.healthletter.tufts.edu) Tufts University Health & Nutrition Letter. For a rating guide of nutrition websites see [www.navigator.tufts.edu](http://www.navigator.tufts.edu)

## **Gardens and Agriculture**

**Aggie Horticulture – Just for Kids:** <http://aggie-horticulture.tamu.edu/kindergarden>

Information and activities about kids and gardening, nutrition, composting, and more. Includes Junior Master Gardener program link.

**California Federation of Certified Farmers' Markets:** <http://farmersmarket.ucdavis.edu>

Helps you find a California Certified Farmers' Market near you. It includes regional commodity information for California, recipes, and agriculture-related sites.

**City Farmer School Gardens:** [www.cityfarmer.org](http://www.cityfarmer.org) Offers urban agriculture notes and links to school garden sites.

**Natural Wildlife Federation Schoolyard Habitats:** [www.nwf.org/habitats/schoolyard](http://www.nwf.org/habitats/schoolyard) A project of the Backyard Wildlife Habitat Program, information includes integration of gardening into the classroom.

**Rot Web:** [www.a-horizon.com/compost](http://www.a-horizon.com/compost) Information on composting. Includes links to other composting resources.

**Science Teachers Resource Site:** [www.ket.org/Education/IN/science.html](http://www.ket.org/Education/IN/science.html) Provides a topic index of various science resource websites.

**Worm Digest:** [www.wormdigest.org](http://www.wormdigest.org) A quarterly newspaper about worms and worm composting (vermicomposting) on all levels world-wide. Its goal is to network people, information and resources in the use of worms for organic waste conversion and soil enrichment.

